



# BETTER UNDERSTAND YOUR HUMAN PERFORMANCE DATA WITH DEFENSEREADY

Ultimately the greatest technology in the military's arsenal has to be operated by a human and that human needs to be at his peak performance as much as possible. The DefenseReady human performance module provides \*ANYCOM unit leaders with the capability to track and maintain data regarding improving the health, safety and performance of service members.

The goal is to provide users with the tools they need to help optimize and sustain the mental and physical performance and resilience of the service member; reduce injury; decrease the incidence of illness or injury; accelerate recovery from missions, illness and or injury, and improve the human weapons systems' ability to accomplish the mission.

## Who it's for:

Command Sergeants who need to track and manage all personnel in the command organization.

## Summary:

DefenseReady enables Command Sergeants to access and monitor health and performance data about each service member, enabling them to quickly determine readiness levels with easy-to-use dashboards. They can also save time and ensure data accuracy with DefenseReady's inprocessing that allows service members to enter information once and then share it across the other unit sections.

## MONITOR SERVICE MEMBERS' INJURY AND RECOVERY DATA IN ONE PLACE

DefenseReady provides a single location for all health and performance data so \*ANYCOM leaders can make decisions and allocate resources to those subordinate units that need it. DefenseReady can record and track injuries of service members, allow care providers to log critical treatment data and consults, input personal information such as date and time of visit, length of visit, visit type, care provider, body composition measurements, and medical lab results.

But beyond medical data, DefenseReady also provides performance metrics and performance coaching. The system provides the ability to track and analyze various performance measures for stability, mobility, lower body strength, aerobic capacity, multi-directional speed, lower body power, muscular endurance, linear speed and functional movement screening. Every service member has a different baseline performance level. Knowing what each service member's baseline is allows you to better see where they are after an injury and where they need to be to return to active duty. It can also let commanders know whether or not personnel are attending performance coaching sessions or classes.

## ENSURE READINESS LEVELS



Human performance isn't limited to this data set, though. Leaders are at their best when they are leading and they can't lead if they are in endless meetings sifting through piles of data to determine readiness levels. That negates the greatest asset of a leader. DefenseReady dashboards allow \*ANYCOM Commanders and Command Sergeant Majors to cut down on the amount of time they are away from their units. They can perform the functions of their commands and optimize their own leadership ability instead of being chained to a desk or finding data to file a report. The overall human performance of the unit is now maximized because the Commanders and staff have more time to do what they do best: lead.

Military units are always struggling with low manning levels and higher headquarters frequently move personnel from unit to unit to maintain readiness. Injuries and physical fitness levels affect unit readiness on a daily basis. But with DefenseReady, \*ANYCOM units can identify holes as well as replacements and keep critical skills shortages from affecting a unit's readiness.

## SIGNIFICANTLY REDUCE ADMINISTRATIVE TIME

DefenseReady also maximizes the performance of unit administrative personnel. Inputting personal data to the database is faster and is immediately quantifiable and analytical. Once a service member is entered into the system, they are tracked across all sections of the unit.

For example, a service member used to inprocess in every section of a unit and fill out the same information several times (name, service number, unit, address) on clothing records, weapons cards, supply records, motor pool, physical fitness records, etc. With DefenseReady, this information is entered once and is accessible by all other sections of the unit so it reduces the amount of time the individual has to fill out paperwork, increasing accuracy of data and reducing the workload on unit administrative personnel as well.

Through efficient engineering and forward-thinking design, DefenseReady is maximizing the performance levels of the individual, which increases the performance level of the unit as a whole.

*\*ANYCOM is a fictitious military command representing a composite of our different customers and resulting experiences and is used in connection with demonstrations and case studies.*

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